

WORKSHEET: Caregiver Home Assessment (date assessment done: _____)

The first Needs Assessment will create a baseline on the abilities of the individual. Subsequent assessments should be done regularly to determine whether there is any improvement or deterioration.

Activity	Level of assistance required		
	NONE	SOME	NOT ABLE
PHYSICAL ASSESSMENT			
Getting out of bed			
Getting out of wheelchair			
Walking unassisted			
Use of cane or other walking apparatus			
Use of phone			
Hearing (has hearing aids?)			
Vision (wears glasses)?			
Dexterity			
Balance			
PERSONAL CARE			
Bathing			
Grooming			
Toileting			
Dressing			
Eating			
MENTAL HEALTH			
Orientation			
Memory			
Decision-making			
Judgement			
DAILY HOME DUTIES			
Prepare nutritious meal			
Shopping alone			
Doing Laundry			
Light housekeeping			
OTHER RESPONSIBILITIES			
Transportation			
Managing Money			

Comments/Follow-up: _____
